



## Glossary for Preschool Social, Emotional and Physical Health and Development Standards

CONTENT TERMS for SEP	DEFINITION	STANDARD(S)
age-appropriate interactions with peers and adults	to engage in acceptable exchanges with others	SEP.3.1
another's perspective	alternate point of view	SEP.3.4
culture	a groups' customs and beliefs	SEP.1.5
differences in people	characteristics humans do not have in common	SEP.3.3
different environments	varying surroundings	SEP.2.6
emerging sense of self-awareness	recognize oneself as an individual separate from others	SEP.1.1
family	a group of people who live together or take care of each other	SEP.1.5
feelings	emotions	SEP.1.3
friendships	positive relationships	SEP.3.6
gender	male or female identification	SEP.1.5
group member	an individual that is part of a gathering with two or more people	SEP.3.7
how to seek help from an adult or peer	acting upon a need	SEP.2.4
increasingly more independent	decrease reliance on others in an age appropriate manner	SEP.1.4
interactions	to engage with others	SEP.3.1
language	method of communications	SEP.1.5
materials	classroom tools necessary for learning	SEP.2.3
needs	a strong feeling to have or do	SEP.1.3
opinions	a belief or judgment	SEP.1.3
own perspective	my point of view	SEP.3.4
personal preferences	what you like	SEP.1.2
race	a group of people with a common feature or physical trait	SEP.1.5
rights of others	acceptable social rules and/or boundaries of peers and adults	SEP.3.5
role as a member of a classroom	a position in a community of learners	SEP.3.8
role as a member of a community	a position in an interacting population where people live, work, and play	SEP.3.8



## Glossary for Preschool Social, Emotional and Physical Health and Development Standards

CONTENT TERMS for SEP	DEFINITION	STANDARD(S)
role as a member of a family	a position in the basic social unit	SEP.3.8
routines	everyday activities completed on a regular basis	SEP.2.5
similarities in people	characteristics humans have in common	SEP.3.3
simple, clear, consistent directions	instructions	SEP.2.2
simple, clear, consistent rules	a set of expectations	SEP.2.2
the use of conflict resolution skills	methods and processes used to solve a problem	SEP.3.2
the use of problem-solving skills	methods for finding solutions	SEP.3.2
transitions	changing from one activity to another	SEP.2.5
variety of feelings and moods in others	another individual's collection of emotions	SEP.1.6
variety of feelings and moods in themselves	an individual's collection of emotions	SEP.1.6
when and how to seek help from an adult or peer	recognizing a need and acting upon it	SEP.2.4
when expressing feelings	conveying their emotions	SEP.2.1
when expressing needs	conveying a necessity	SEP.2.1
when expressing opinions	conveying their beliefs	SEP.2.1
when to seek help from an adult or peer	recognizing a need	SEP.2.4



## Glossary for Preschool Social, Emotional and Physical Health and Development Standards

SKILL TERMS for SEP	DEFINITION	STANDARD(S)
adapt	to adjust	SEP.2.6
become	to begin to	SEP.1.4
begin to develop	start to build	SEP.3.2
begin to know	start to be aware of	SEP.2.4
begin to practice	start to use	SEP.3.2
continue to develop	to show growth	SEP.1.2
demonstrate growing confidence in expressing	convey in words or gestures with increasing level of certainty	SEP.1.3
follow	to do	SEP.2.2
		SEP.2.5
grow in ability	to make progress in a skill	SEP.2.2
have positive feelings	to experience good emotions	SEP.1.5
identify	to recognize	SEP.1.6
		SEP.2.2
		SEP.2.6
		SEP.3.4
increase ability to initiate	to make progress in beginning to engage	SEP.3.1
increase ability to sustain	to make progress in maintaining	SEP.3.1
increase capacity to take	to make progress toward attaining an alternate point of view	SEP.3.4
initiate	to start	SEP.3.1
manage	to take care of	SEP.2.5
recognize	to identify	SEP.1.5
		SEP.3.2
		SEP.3.3
show	to demonstrate	SEP.1.1
show increasing respect	to demonstrate making progress in treating others in a positive manner	SEP.3.5
sustain	to maintain	SEP.3.1
use	to apply	SEP.2.3



## Glossary for Preschool Social, Emotional and Physical Health and Development Standards

SKILL TERMS for SEP	DEFINITION	STANDARD(S)
understand	to know and use	SEP.2.2
use safely	to apply without harm	SEP.2.3
use respectfully	to apply with politeness	SEP.2.3
use purposefully	to apply with intent	SEP.2.3
increasing sense of belonging	to show progress with feeling valued, accepted, and included	SEP.3.8
grow in their capacity to avoid harming themselves	progress within their ability to prevent injury to self	SEP.2.1
grow in their capacity to avoid harming others	progress with in their ability to prevent injury to another individual	SEP.2.1
grow in their capacity to avoid harming things around them	progress within their ability to prevent damage to objects in their surroundings	SEP.2.1
show progress in developing	to demonstrate growth in creating	SEP.3.6
show progress in keeping friendships	to demonstrate growth in maintaining	SEP.3.6
participate	to be active and collaborate in an activity	SEP.3.7
participate successfully	to be actively involved in achieving a desired result for the duration of an activity	SEP.3.7
demonstrate an increasing sense of awareness	to show progress in acknowledging	SEP.3.8